

January
2021

The Bayview Bulletin

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School-Wide Dates to Remember:

- Jan. 4, 2021 —First Day of School
- Jan. 4—PAC Meeting 6pm via Zoom
- Jan. 15– PJ Day
- Feb. 11—Pro-D Day no school
- Feb. 12—Pro-D Day no school
- Feb. 15—Family Day no school
- Mar. 13—28—Spring Break

Principal's Message

Happy New Year! While many of us see January as a time of *new* commitments, *new* plans, and fresh starts, through the lens of a school, January has an entirely different feel. Students and staff return from a (hopefully restful) break to resume the deep learning that we've invested in since September. In Winter we feel like reading, discussing and learning together, and we have established the relationships that support this. Truly, January is a great time for learning!

In February families will receive the first formal progress report for the year—this is a great time to review your child's learning goals and continue monitoring their individual growth. Learning happens best when expectations are clear and the feedback is ongoing. If you see any ways in which we can further support your child's learning, we want to hear from you now. If you have concerns about your child's learning, please do not wait for the report—speak with your child's teacher.

Have an amazing 2021!

Ms. Stephanie Stephens, Principal

STUDENT REGISTRATION

Registration for new students for the 2020-2021 school year will open on Wednesday, January 6, 2021 at 8:00 am. Returning students do not need to re-register. Before you begin the registration, you will need the following:

- A valid email address
- Proof of Citizenship
- Proof of residency

Please view the complete list of acceptable documents before proceeding. Any questions, please contact ereg@sd68.bc.ca

R.O.C.K.S.

Recognition

Mrs. Jody Lennox—
you do amazing
work!



COVID Holiday Message

Island Health shared a reminder on how we can help reduce the transmission of the virus and ensure a safe return for all students and staff this January:

- Only hold gatherings with those in your immediate household.
- Masks must be worn in all indoor public settings such as retail stores and restaurants.
- Travel should be limited to essential travel only, which includes work within your region, medical appointments and hospital visits.
- Wash your hands often – an easy and effective way to prevent the spread.
- Limit time in public places to essential trips for things like groceries and medications.

If you're feeling sick at all, please stay home, self-isolate and visit [BC Thrive Health](#) or Island Health's [website](#) to determine your next steps.

From Dr. Bonnie Henry:

- A reminder that restrictions on get-togethers are in place until January 8, 2021.
- “Let’s do our part to bend the curve back down.”

“There is light ahead, and that light is shining a little brighter. I think we can all be thankful for that.” (following vaccine roll out announcement)

Here are some tips we can all use to boost our mental health and wellness (from Dr. Heather Fulton, Psychologist, Burnaby Centre for Mental Health and Addictions):

- **Give yourself time and space for self-care activities.** Go for a walk or practice mindfulness.
- **Maintain a healthy routine.** Eat healthy, stay active and get a good night’s sleep.
- **Be aware of how you talk to yourself.** It can be helpful to replace the word should with “I would prefer it if.” Shoulds can make us feel beaten down or out of control.

Set boundaries. Set limits and practice saying no. Remember when you say yes to one thing, you’re saying no to something else.

***Please note that stuffed animals or toys need to stay at home for safety reasons.**



Daily Health Check			
1. Key Symptoms of Illness*	Do you have any of the following new key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.



Kindergarten




Registration starts now...


-  If your child will be turning five years old before December 31, 2021, it's time to register for Kindergarten.
-  Online registration will begin on Wednesday, January 6, 2021 @ 8:00 a.m.
-  Registration is online only at:
www.sd68.bc.ca/students-parents/registration-information
 Questions: ereg@sd68.bc.ca



SCHOOL REGISTRATION 2021-2022

The online,  centralized registration will begin on January 6, 2021 at 8 a.m. Pacific Standard Time.

The following information will help determine if this process applies to you.

 FOR MORE INFO? WWW.SD68.BC.CA
OR EMAIL EREG@SD68.BC.CA

ASK YOURSELF THE FOLLOWING QUESTIONS

- 1 Is my child new to Nanaimo Ladysmith Public Schools?
- 2 Do I have a child turning five years old on or before December 31, 2021 entering Kindergarten? Applications must be received by June 15, 2021 to ensure a placement in your child's catchment-area school.
- 3 Do I want to register my child in Late French Immersion? Late French Immersion Students are placed as space permits.
- 4 Do I want to register my child in Early French Immersion? Applications will be received until January 31, 2021, at which time student selection will be determined by lottery. Parents will be notified in early February 2021.
- 5 Do I want to register my child in secondary academies?

Lottery	Hockey	Soccer	Beach Volleyball
Try-outs / Audition	Lacrosse	Performing Arts	Jazz

Applications received until March 1, 2021, at which time student selection will be determined either by lottery or tryout/audition. Parents will be notified in May 2021.
- 6 Do I want to register my child or a school transfer request (out-of-catchment)? Applications are due March 31, 2021.

